Core Cleanse





Does this sound like you?

No energy, Sluggish metabolism, Skin disorders, Digestion issues, Inability to focus, Bloated, Unexplained weight gain, High cholesterol/blood pressure, Mood swings, Depression, Stressed out.

You need a gut intervention!

All disease begins in the gut. Your gut health is directly related to your overall health and well-being and that is why it is imperative to cleanse, replenish and rebuild this delicate eco-system living within us. The balance of your intestinal flora (probiotics) is not only crucial for your digestion of food but also your immune system and mental health.

Experts suggest a healthy colon cleanse 2x per year!

Did you know the human body can hold 5-25 pounds of undigested food in the intestines and colon?

Utilizing a combination of Digestive Health and Core EFA's, your GI tract will be cleansed of harmful pathogens, replenished with broad spectrum digestive enzymes and rebuilt with pH stabilized probiotics and the proper prebiotics to allow for continued growth and colonization of the "good" bacteria.



Key Benefits of Cleansing

- · Better digestion and elimination.
- · Increased energy and metabolism.
- · Decreased inflammation in the GI tract and throughout the body.
- Weight loss especially in the abdomen area.
- Positive mood and overall wellbeing.
- · Lowered cholesterol levels and blood pressure.
- · Glowing skin and healthier hair and nails.
- · Able to focus and decreased stress and tension.

The Core Cleanse is a 30 day program that consists of 3 bottles of Digestive Health and 3 bottles of Core EFA's.

Protocol:

Take 2 Digestive Health capsules and 2 Core EFA gel caps on an empty stomach 3 times a day. Continue this regime for the full 30 days to see maximum results along with your current Core Health products.



Supplemen Serving Size 2 Gel Capsules Servings Per Container 30	nt Fac	cts
Amount Per Serving		%DV *
Calories	10	
Calories from fat	10	
Total Fat	1 g	2%
Pure Krill Oil (euphausia superba)	1000 mg	†
Phospholipids	400 mg	†
Omega-3 Fatty Acids	240 mg	†
(EPA) Eicosapentaenoic Acid	130 mg	t
(DHA) Docosahexaenoic Acid	75 mg	†
Total Astaxanthin	1000 mcg	†
† Daily Value (DV) not established. � Percent Daily Values (DV) are based on a 2,	000 calorie diet.	
Other Ingredients: Gelatin, glycerin, purified	d water, sorbitol.	
Warning: People with seafood allergy, coag anticoagulants or other medications should		in and be

tested prior to taking dietary supplements. Allergy Information: May contain shellfish/crustacean allergens Note: If you are pregnant or nursing, consult your physician before

Sunnlament Facts

DigestiveHealth

taking this product

Serving Size 1 Capsule Servings Per Container 60	L I U	515	
Amount Per Serving		%DV	
Zinc (as zinc chelazome®)	0.5 mg	3%	
Manganese (as manganese chelazome®)	0.3 mg	7%	
Chromium (as chromium chelavite®)	10 mcg	8%	
Digestive Enzyme Blend 146 mg † BioCore Pro [®] (proteases from Aspergillus oryzae 2250 HUT, Aspergillus niger 50 SAPU, Bacillus subtilis 4000 PC, Aspergillus oryzae 13 AP), Amylase 3500 DU, Acid Maltase 14 Maltl, Gluccamylase 5 AGU, Invertase 100 SU, Lactase 1000 ALU, BioCore Lipo® 600 FIP (lipases from Candida rugosa, Aspergillus niger, Rhizopus oryzae), Cellulase 50 CU.			
Prebiotic and Herbal Support Blend Inulin (FOS), Magnesium Glycyl Glutamine, G (leaf), Beet (root), Chamomile (flowers).	220 mg linger (rhizome), Pe	† ppermint	
Probiotic Blend Lactobacillus reuteri, Bifidobacterium infant DDS-1 strain of L. acidophilus (grown on mi B. bifidum (grown on soy), L. casei, L. rham milk), Streptococcus thermophilus, L. planta	lk), B. longúm, L. bi 10sus, L. salivarius	ulgaricus,	
M.E.D.S.™ Blend	24 mg	t	
Calcium Amino Acid Chelate, Magnesium Chelazome®, Zinc Chelazome®, Manganese Chelazome®, Chromium Chelavite®.			
† Daily Value (DV) not established.			
Other Ingredients: Microcrystalline cellulose vegetable fiber water			



