



# Core Cleanse



VegetarianCapsules



## Does this sound like you?

No energy, Sluggish metabolism, Skin disorders, Digestion issues, Inability to focus, Bloating, Unexplained weight gain, High cholesterol/blood pressure, Mood swings, Depression, Stressed out.

### You need a gut intervention!

All disease begins in the gut. Your gut health is directly related to your overall health and well-being and that is why it is imperative to cleanse, replenish and rebuild this delicate eco-system living within us. The balance of your intestinal flora (probiotics) is not only crucial for your digestion of food but also your immune system and mental health.

Experts suggest a healthy colon cleanse 2x per year!

### Did you know the human body can hold 5-25 pounds of undigested food in the intestines and colon?

Utilizing a combination of Digestive Health and Core EFA's, your GI tract will be cleansed of harmful pathogens, replenished with broad spectrum digestive enzymes and rebuilt with pH stabilized probiotics and the proper prebiotics to allow for continued growth and colonization of the "good" bacteria.

# CLEANSE REPLENISH REBUILD

### Key Benefits of Cleansing

- Better digestion and elimination.
- Increased energy and metabolism.
- Decreased inflammation in the GI tract and throughout the body.
- Weight loss especially in the abdomen area.
- Positive mood and overall wellbeing.
- Lowered cholesterol levels and blood pressure.
- Glowing skin and healthier hair and nails.
- Able to focus and decreased stress and tension.

The Core Cleanse is a 30 day program that consists of 3 bottles of Digestive Health and 3 bottles of Core EFA's.

### Protocol:

Take 2 Digestive Health capsules and 2 Core EFA gel caps on an empty stomach 3 times a day. Continue this regime for the full 30 days to meet maximum results along with your current Core Health products.

## CoreEFA's<sup>+</sup>

DIETARY SUPPLEMENT

### Supplement Facts

Serving Size 2 Gel Capsules  
Servings Per Container 30

Amount Per Serving		%DV*
Calories	10	
Calories from fat	10	
Total Fat	1 g	2%
Pure Krill Oil ( <i>euphausia superba</i> )	1000 mg	†
Phospholipids	400 mg	†
Omega-3 Fatty Acids	240 mg	†
(EPA) Eicosapentaenoic Acid	130 mg	†
(DHA) Docosahexaenoic Acid	75 mg	†
Total Astaxanthin	1000 mcg	†

† Daily Value (DV) not established.  
\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, glycerin, purified water, sorbitol.

Warning: People with seafood allergy, coagulopathy or taking anticoagulants or other medications should notify their physician and be tested prior to taking dietary supplements.

Allergy Information: May contain shellfish/crustacean allergens.

Note: If you are pregnant or nursing, consult your physician before taking this product

## DigestiveHealth<sup>+</sup>

DIETARY SUPPLEMENT

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

Amount Per Serving		%DV
Zinc (as bisglycinate chelate) <sup>†</sup>	1 mg	6%
Manganese (as bisglycinate chelate) <sup>†</sup>	0.28 mg	14%
Chromium (as nicotinate glycinate chelate) <sup>†</sup>	20 mcg	16%
Digestive Enzyme Blend	296 mg	†
BioCore Pro <sup>®</sup> (proteases from <i>Aspergillus oryzae</i> 42500 HUT, <i>Aspergillus niger</i> 100 SAFU, <i>Bacillus subtilis</i> 8000 PC, <i>Aspergillus oryzae</i> 3.6 AP), Amylase 7000 DU, Acid Maltase 28 MaltU, Glucoamylase 10 AGU, Invertase 200 SU, Lactase 2000 ALU, BioCore Lipo <sup>®</sup> 1200 FIP (lipases from <i>Candida rugosa</i> , <i>Aspergillus niger</i> , <i>Rhizopus oryzae</i> ), Cellulase 100 CU.		
Prebiotic and Herbal Support Blend	440 mg	†
Inulin (FOS), Magnesium Glycyl Glutamine Chelate <sup>†</sup> , Ginger (rhizome), Peppermint (leaf), Beet (root), Chamomile (flowers).		
Probiotic Blend (5.10 billion CFU)	104 mg	†
<i>Lactobacillus reuteri</i> , <i>Lactobacillus brevis</i> , DDS-1 strain of <i>L. acidophilus</i> (grown on milk), <i>Bifidobacterium bifidum</i> , <i>Bifidobacterium infantis</i> , <i>Lactobacillus bulgaricus</i> , <i>Bifidobacterium longum</i> , <i>Lactobacillus rhamnosus</i> , <i>Lactobacillus casei</i> , <i>Lactococcus lactis</i> , <i>Lactobacillus salivarius</i> , <i>Streptococcus thermophilus</i> , <i>Lactobacillus plantarum</i> .		
Maximum Enzyme Delivery System <sup>™</sup> Blend	7.3 mg	†
Calcium (as bisglycinate chelate) <sup>†</sup> , Magnesium (as glycinate chelate) <sup>†</sup> , Zinc (as bisglycinate chelate) <sup>†</sup> , Manganese (as bisglycinate chelate) <sup>†</sup> , Chromium (as nicotinate glycinate chelate) <sup>†</sup> .		

† Daily Value (DV) not established.  
Other Ingredients: Vegetable fiber, microcrystalline cellulose, water.

# Doctors SAY TO USE 2X A YEAR



www.corehealthproducts.com

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