



5oz Stock #1060 & 16oz Stock #1065
 Directions: Mix 1 heaping teaspoon of Core Greens to 8 oz. of water, juice or your favorite smoothie for an energizing and alkalizing burst morning or afternoon.



Core Greens⁺

ALKALIZE • ENERGIZE • REVITALIZE

Complete RAW Alkalizing Superfood*



Our world is quickly becoming acidic.

From the highly processed, saturated fats we consume to the carbonated and caffeinated beverages we drink then add the hectic, stressful lifestyle we live, our bodies are struggling to maintain the proper pH balance it needs to survive – let alone thrive! From that deep growing need we have sprouted Core Greens, a complete alkalizing superfood. Core Greens contains 14 RAW superfoods that are rich in enzymes and nutrients to alkalize the body while providing cleansing and healing of our delicate internal eco-system. Each certified organic, RAW ingredient has been hand-selected for its alkalizing properties from the richest soils to maximize the highest nutrient content available.

14 Amazing Alkaline Superfoods



Certified Organic Alfalfa Leaf Juice
 Alkalizing Superfood • High in Vitamin A, B, D, E & K • Cleanses the Blood • Detoxifies the Urinary Tract & Colon • Eases Digestive Problems • Reduces Unhealthy Arterial Plaque



Certified Organic Whole Leaf Wheatgrass
 Top Alkalizing Superfood • Highest Amounts of Oxygen Rich Chlorophyll • Reduces Blood Pressure • Detoxifies the Colon • Stimulates Metabolism & Weight Loss • Provides Full Spectrum Digestive Enzymes



Certified Organic Whole Leaf Barley Grass
 Concentrated Alkalizing Superfood • Highest Amounts of Powerful Antioxidants • Fights Free Radicals & Aging • Aids in Blood Sugar Balancing • Stimulates the Growth of Friendly Bacteria



Certified Organic Whole Leaf Oat Grass
 Alkalizing & Energizing Grass • High Amounts of B Vitamins, Folic Acid & Calcium • Reduces Unhealthy Cholesterol • Improves Stamina Levels • Boosts Immune System



Certified Organic Spirulina
 Alkalizing Blue-Green Algae • Highest Vegetarian Protein Source • Great Source of Iron • Strengthens Immune System • Balances Blood Pressure & Blood Sugars • High Amounts of Vitamin B 12



Certified Organic Chlorella
 Richest Alkalizing Superfood • Great Source of Essential Fatty Acids • Powerful Detoxifier • Promotes Growth & Repair of Tissues • Improves Digestion • Prevents Hardened Arteries



Certified Organic Sea Kelp
 Nutrient & Mineral Rich Seaweed • Greatest Source of Iodine • Regulates the Thyroid & Pituitary Glands • Natural Infection Fighter • High in Calcium, Potassium & Iron • Strengthens Hair & Nails



Certified Organic Broccoli
 Nutritious & Alkalizing Vegetable • Inhibits Cancer Growth • Supports Liver, Colon & Prostate Health • Rich Fiber Source • Prevents Absorption of Toxins • Supports Digestive & Cardiovascular Systems



Certified Organic Cabbage
 Antioxidant & Alkalizing Vegetable • Rich in Vitamin C, K & Sulphur • Reduces Acid Reflux • Aids Weight Loss • Inhibits Polyp Growth in Colon • Cleanses the Digestive Tract • Great Detoxifier

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.





Certified Organic Parsley

Powerful Alkalinizing Herb • Abundant Source of Vitamin A, B 12, C & K • Lowers Inflammation • High in Digestive Enzymes • Reduces PMS Symptoms • Relieves Constipation & Lessens Water Retention



Certified Organic Kale

Nutrient Dense Alkalinizing Green • High in Vitamin A, K & Antioxidants • Prevents Macular Degeneration • Rich in Calcium & Iron • Protection from Osteoporosis • Decreases Appetite



Certified Organic Dandelion Leaf

Beneficial Alkalinizing Herb • Rich in Vitamin A, C, E & K • Abundant in Alkalinizing Minerals • Strengthens Bones & Liver Function • Stimulates the Production of Insulin • Excellent Detoxifier & Diuretic



Certified Organic Broccoli Sprouts

Fiber Rich Alkalinizing Vegetable • High in Vitamin A, C & K • Combats H. Pylori Bacteria • Enhances Detoxification • Reduces Allergies & Asthma • Supports Hormone Balancing



Certified Organic Dulse

Nutrient & Mineral Rich Seaweed • Abundant Source of Iodine, Iron & Potassium • Heals Poor Digestion • Cleanses of Heavy Metals • Increases Metabolism • Supports Brain Function

**In Each Serving,
You Will Receive:**

MORE Vitamin A
than in 12 Broccoli Spears

MORE Vitamin C
than in 20 Cherries

MORE Vitamin K
than in 24 Strawberries

MORE Calcium
than in 5 Bananas

MORE Iron
than in 15 Brussels Sprouts



Supplements Facts

Serving Size 1 tsp
Servings per container 28

Amount Per Serving	% Daily Value
Calories	16 †
Total Fat	0 g †
Cholesterol	0 g †
Total Carbohydrates	3 g 1%
Dietary Fiber	1 g 6%
Sugar	0 g †
Protein	1 g 2%
Vitamin A	2271 IU 45%
Vitamin B12	1 mcg 18%
Vitamin C	10 mg 16%
Folate	11 mcg 3%
Vitamin K	6 mcg 8%
Iron	2 mg 11%
Calcium	31 mg 4%
Potassium	127 mg 4%
Sodium	24 mg 1%

† Daily Value not established.

Amount Per Serving	% Daily Value
Proprietary Alkalinizing Superfood Blend	
Certified Organic Alfalfa Leaf Juice Powder	1000 mg †
Certified Organic Wheat Grass Whole Leaf Powder	670 mg †
Certified Organic Barley Grass Whole Leaf Powder	670 mg †
Certified Organic Oat Grass Whole Leaf Powder	658 mg †
Certified Organic Spirulina Powder	332 mg †
Certified Organic Chlorella	332 mg †
Certified Organic Sea Kelp	220 mg †
Certified Organic Broccoli Powder	175 mg †
Certified Organic Cabbage Powder	175 mg †
Certified Organic Parsley Powder	175 mg †
Certified Organic Kale Powder	175 mg †
Certified Organic Dandelion Leaf	168 mg †
Certified Organic Broccoli Sprouts	140 mg †
Certified Organic Dulse Powder	110 mg †



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