



In today's fast-paced, fast-food world,

few of us eat right every day, causing our nutritional needs to take a back seat to other daily concerns. Although taking a quality multi vitamin-mineral supplement can act as a nutritional insurance policy to help you get the nutrition your body requires, our bodies need much more than just vitamins and minerals. Scientists continue to uncover the health benefits of different nutrient components found naturally in food, such as antioxidants, enzymes, prebiotics, probiotics and other phytonutrients. Using a nutritional product that provides all these core nutrition needs is essential to optimizing health, vitality, and longevity.

Core Health Pack not only provides a balanced formulation of 21 essential vitamins and minerals, but combines this with natural phytonutrients and antioxidants to help you meet the recommended daily nutritional values. This proprietary formula provides patented amino acid chelated minerals to ensure maximum utilization, combined with potent levels of all the whole food vitamins needed to sustain good health. It also includes high levels of cutting-edge antioxidants, enzymes, probiotics and prebiotics to ensure your body receives all the core nutrients required for ideal health.

The invaluable nutrition in every Core Health Pack can help you stay healthy and look and feel your absolute best. Each Core Health Pack includes the following advanced ingredient blends:

Fruit Blend

Core Health's proprietary fruit blend includes the world's most concentrated natural sources of vitamin C and antioxidants including acerola cherry, camu camu, citrus bioflavanoids, and a proprietary blend of berries (VitaBerry Plus). The berries alone boast an ORAC value of 6000 ORAC units/gram and specific, guaranteed polyphenol levels in a well-rounded robust blend that sets a new industry standard.

Vegetable Blend

Core Health's proprietary vegetable blend features a variety of nutrient dense vegetables combined with the proprietary VitaVeggie[™] blend. This blend is standardized for specific key nutrients known for their unique health benefits. Anthocyanins, lycopene, lutein, chlorogenic acid, beta carotene, ellagic acid, quercetin, glucosinolate, sulphorophane and quinic acid are all found in VitaVeggie[™] to ensure you get all the important nutrients nature intended from these vegetables.

Antioxidant Blend

Core Health Pack's antioxidant blend provides powerful antioxidants from pine bark extract and mixed tocopherols, combined with the power of resveratrol and quercetin. Then ensures your body is able to produce its own powerful antioxidant enzyme (SOD) by including a patented Superoxide Dismutase (SOD) Precursor System.

Digestive Enzyme Blend

The Core Health digestive enzyme blend includes high levels of proteases from a proprietary blend specially designed to maximize the utilization of protein, and a concentrated blend of various lipases to maximize the digestion and utilization of fats for energy. This unique blend of enzymes not only supports healthy digestion, but also promotes full utilization of the nutrients in the foods you eat to help maximize your energy levels and help you get the most out of each meal.

Probiotic Blend

Probiotics are essential for a healthy digestive system and a strong immune system. The Core Health probiotic blend provides more than 2.5 billion CFU of live, active probiotics from 13 different species. These species are specifically selected according to their known health benefits and are stabilized to ensure maximum viability.

FDA Statement: "These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease. FDA Iron Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.







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Core HealthPack

Prebiotic and Herbal Support Blend

The Core Health prebiotic and herbal support blend takes the prebiotic benefits of inulin a step further by combining them with a patented, stabilized form of glutamine (magnesium glycyl glutamine) and the naturally soothing benefits of ginger, peppermint, beet root and chamomile. This unique combination addresses all aspects of a healthy intestinal tract.

Mineral & Enzyme Delivery System (M.E.D.S.)™

Every Core Health Product includes our proprietary nutrient delivery system, known as M.E.D.S.™. This proprietary system uses the power of enzymes and fully-utilizable micronutrients to deliver maximum results.

The Core Health Pack is guaranteed to supply invaluable nutrition and promote optimal functioning of the core systems in the body. The natural ingredients in Core Health Pack promote healthy functioning of the digestive, cardiovascular, metabolic, immune, skeletal, and brain functions of the body.

Your body deserves the best nutrition it can get, and that is precisely what the Core Health Pack delivers!

The Core Health Pack conveniently supplements the essential R.A.W. nutrients required to maintain optimal health and vitality.

- 30 RAW Whole food Fruits, Vegetables & Herbs
- Over 10,000+ ORAC Value of Antioxidants
- Over 40 Live Enzymes, Coenzymes & Cofactors
- 15 pH Stabilized, Live Probiotics and Prebiotics
- Highly Absorbable Amino Acid Chelated Minerals
- Superior Form of Highly Absorbable Calcium
- Most Advanced Nutrient Delivery System

Take 2-3 Core Health Packs daily to give your body the nutritional care it requires.*

BENEFITS OF THE

Core HealthPack

- Aid in balancing pH levels of the body.
- · Maintain a healthy digestive system.
- Enhance digestion of fats & sugars.
- Maximize energy & stamina levels.
- Promote strong immune function.
- · Support healthy hair, skin & nails.
- Increased fat metabolism.
- Promote stronger bones.
- · Optimize overall health & vitality.
- · Superior, complete & balanced formula.

Supplement Facts

Serving Size 1 Packet Servings Per Container 60

Amount Per Serving		% DV**
Vitamin A (as mixed carotenoids from Dunaliella salina)	2125 IU	43%
Vitamin C (as acerola cherry & camu camu extra	cts) 60 mg	100%
Vitamin D3 (as cholecalciferol)	100 IU	25%
Vitamin E (as mixed tocopherols & tocotrienols)	3 IU	5%
Thiamin	0.38 mg	25%
Riboflavin	0.43 mg	25%
Niacin	3.75 mg	19%
Vitamin B6	0.5 mg	25%
Folic Acid	100 mcg	25%
Vitamin B12	1.5 mcg	25%
Biotin	75 mcg	25%
Pantothenic Acid (as calcium pantothenate)	2.5 mg	25%
Calcium (as ESC® (egg shell calcium), 54.7 mg 6% bisglycinate chelate & bisglycinate chelate buffered)		6%
Iron (as Ferrochel®)	1 mg	6%
Magnesium (as bisglycinate chelate [‡])	26.5 mg	6%
Zinc (as bisglycinate chelate [‡])	7.3 mg	49%
Selenium (as glycinate complex*)	43.75 mcg	63%
Copper (as bisglycinate chelate*)	1.25 mg	63%
Manganese (as bisglycinate chelate [‡])	1.015 mg	51%
Chromium (as nicotinate glycinate chelate [‡])	40 mcg	33%
Molybdenum (as glycinate chelate‡)	3.75 mcg	5%
Fruit & Nutrient Blend	180 mg	, <u>,,†</u>

Acerola & Rosehip Extract, VitaBerry Plus (grape seed extract powder, wild blueberry extract, wild bilberry extract, cranberry powder, tart cherry powder, prune powder, raspberry seed extract powder, strawberry powder, resveratrol, quercetin), Camu Camu, Citrus Bioflavanoid Complex

Other ingredients: Vegetable Fiber, Rice Bran, and Purified Water.

Amount Per Serving % DV** Vegetable & Nutrient Blend 31 ma VitaVeggie™ ('HiActives' broccoli, 'HiActives' broccoli sprout extract,

vitadeggie*** (Thictures Diocool, Inflatures protectin Sprout extract, ViliActives' tomato powder, 'HiActives' carb powder, 'HiActives' kale powder, 'HiActives' brussel' sprout powder, 'HiActives' onion extract), Organic Olive Extract, Vegetarian Yeast, Shiitake Mushroom, Blackstrap Molasses, Biotin.

133 mg Antioxidant Blend SOD Precursor Blend (Zinc (as bisglycinate chelate[‡]), Copper (as bisglycinate chelate[‡]), Manganese (as bisglycinate chelate[‡])), Mixed Tocopherols, Resveratrol, Mixed Carotenoids (Dunaliella salina), Quercetin, Choline bitartrate, Pine Bark Extract.

Enzyme Blend BioCore Pro® (proteases from Aspergillus oryzae 21250 HUT, Aspergillus niger 50 SAPU, Bacillus subtilis 4000 PC, Aspergillus oryzae 1.8 AP), Amylase 3500 DU. Acid Maltase 14 MaltU. Glucoamylase 5 AGU. Invertase 100 SU, Lactase 1000 ALU, BioCore Lipo® 600 FIP (lipases from Candida rugosa, Aspergillus niger, Rhizopus oryzae), Cellulase 50 CU.

Prebiotic & Herbal Support Blend 220 mg Inulin (FOS), Magnesium Glycinate Glutamine Chelate[‡], Ginger (rhizome), Peppermint (leaf), Beet (root), Chamomile (flowers).

Probiotic Blend (2.55 billion CFU) Lactobacillus reuteri, Lactobacillus brevis, DDS-1 strain of L. acidophilus, Bifidobacterium bifidum, Bifidobacterium infantis, Lactobacillus bulgaricus, Bifidobacterium longum, Lactobacillus rhamnosus, Lactobacillus casei, Lactococcus lactis, Lactobacillus salivarius, Streptococcus thermophilus,

209 mg Mineral & Enzyme Delivery System Blend™ Calcium (as amino acid chelate*), Magnesium (as glycinate chelate*), Pectinase, Amylase, Protease, Lipase, Cellulase, CereCalase® (hemicellulase, beta-glucanase, phytase), Glucoamylase, Copper (as bisglycinate chelate+), Žinc (as bisglycinate chelate+).

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Real • Alkalizing • Wholefoods 😘

^{**} Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established.